



Press Release

1 June 2015

Family and Relationships Counselling ebook ISBN: 978-0-9942948-2-1

We are excited to announce that we have released an ebook called "Family and Relationships Counselling".

The Family and Relationships Counselling ebook is an interesting read to help people to understand the components that make up effective and healthy relationships. This ebook covers the following topics: The Diversity of relationships, Why do we have relationships?, Origins and stages of a relationship, Communication in relationships, Dynamics in relationships, What can go wrong in relationships, Controlling and maintaining your relationships, Repairing damaged relationships and finally Editing relationships with minimal damage.

Here's a short extract from the ebook:

"Relationships are the social interactions which bind us as humans and underpins how society functions. This book discusses those human relationships - what they are, how they evolve and develop, as well as what can go wrong and the ending of relationships. It draws on research in the field to provide the reader with a broad understanding of how relationships can impact on their own lives and it should prove a useful companion to anyone with an interest in relationships and communication, family counselling, child, developmental or lifespan psychology, as well as counselling and psychology more generally."

This ebook is now available for purchase for \$32.95 including GST from our online bookshop and there is also a free sample available here:

<http://www.acsbookshop.com/product-family-and-relationships-counselling-pdf-ebook-5970.aspx>

If you would like a review copy of this ebook, please contact sarah@acs.edu.au.

If you have any queries or would like to arrange an interview or a review copy of this eBook, please call or email the ACS head office on the Gold Coast on (07) 5562 1088 and ask for our Media and Marketing Officers (admin@acs.edu.au).

About ACS Distance Education ... Established in 1979, ACS Distance Education is a leading Australian Distance Education provider offering over 600 courses via correspondence, online or on CDs. The Institution has offices in Australia and the United Kingdom and has Affiliates in Australia, Philippines, Singapore, UK, New Zealand, France and Ireland. ACS has educated thousands of students, many of whom have gone onto successful employment, both in industry or in their own businesses.